

<b>DESIGNATED TRAINING TOPICS</b>
<b>30-HOUR GENERAL INDUSTRY SAFETY AND HEALTH OUTREACH PROGRAM</b>

**All of the required topics listed below must be presented in the 30-hour outreach course.** If any of the required topic areas do not apply to an audience you are teaching, you may substitute other applicable OSHA standards. You must explain this change in the documentation that you submit for the class. The required topics account for 23 hours of the 30-hour program. To fulfill the 30-hour training requirement, the trainer is expected to utilize the remaining class time by teaching other general industry standards and/or by expanding upon the coverage of the required topics. **Any OSHA standard that applies to general industry may be taught in your course if it meets the needs of your audience.**

REQUIRED COURSE TOPICS		
SUBPART	TOPIC	TIME
CFR Part 1903	Introduction to OSHA, OSH Act/General Duty Clause 5(a)(1), Inspections, Citations, and Penalties	Three Hours
Subpart D	Walking and Working Surfaces	Two Hours
Subparts E & L	Means of Egress and Fire Protection	Two Hours
Subpart H	Hazardous Materials	Two Hours
Subpart I	Personal Protective Equipment	One Hour
Subpart J	Permit-Required Confined Spaces	Two Hours
Subpart J	Lockout/Tagout	Two Hours
Subpart N	Materials Handling	One Hour
Subpart O	Machine Guarding	Two Hours
Subpart Q	Welding, Cutting, and Brazing	One Hour
Subpart S	Electrical & Safety-Related Work Practice	Two Hours
Subpart Z	Hazard Communication	Two Hours
29 CFR 1904	Recordkeeping, OSHA Forms #200 & 101	One Hour

**30-HOUR GENERAL INDUSTRY SAFETY AND HEALTH  
OUTREACH PROGRAM (CONT'D)**

<b>OTHER POSSIBLE TOPICS</b>		
<b>SUBPART</b>	<b>TOPIC</b>	<b>TIME</b>
Subpart F	Powered Platforms, Manlifts, & Vehicle-Mounted Work Platforms	
Subpart G	Hearing Conservation	
Subpart H	Hazardous Waste Operations, Emergency Response, & Process Safety Management	
Subpart J	General Environmental Controls	
Subpart K	Medical and First Aid	
Subpart P	Hand and Portable Powered Tools	
Subpart R	Special Industries	
Subpart Z	Other than Hazard Communication	
	Ergonomics	
	Safety and Health Program Management	